

40th Anniversary of Hydrotherapy
in Saint-Paul-les-Dax

SYMPOSIUM

“HYDROTHERAPY, SPORT
& WELL-BEING”



PROGRAM

October 12, 2023

Sourceo Hotel

355, rue du Centre Aéré - 40990 Saint-Paul-lès-Dax (France)

Wednesday October 11, 2023

Welcome Hotel Sourceo

6:00 p.m.

Visit to the Sourceo thermal baths

7:30 p.m.

40th Anniversary Dinner at Joa Casino

Thursday October 12, 2023

Morning : 9:30 a.m. – 12:00 p.m.

9:30 – 9:45 a.m.

Welcome

Julien BAZUS

Mayor of Saint-Paul-les-Dax and Regional Councilor of Nouvelle-Aquitaine, delegate to the Thermal Spas and the Thermal Plan

9:45 a.m. – 10:05 a.m.

Saint-Paul-les-Dax, spa and heritage town

Kevin LAUSSU, Art Historian

10:05 a.m. – 10:25 a.m.

First feedback and first results from the THERMASSIST application

Laurence DELPY, Director, and **Thomas ELLIN**, Aqui O Thermes Cluster

10:25 a.m. – 10:40 a.m.

Break

Moderator of the round tables : **Jean-Jacques GAUTHIER** (Amphorm Consulting)

10:40 a.m. – 12:00 p.m. **Round table no. 1**

« hydrotherapy of tomorrow : issues & challenges »

Jean-Yves GOUTTEBEL

French Government Coordinator of the Hydrotherapy Plan

Françoise JEANSON

Vice-President of the Regional Council of Nouvelle-Aquitaine (Health)

Jean-François BERAUD

President of the French Thermal Federation (FTCF)

Thierry DUBOIS

President of the National Council of Thermal Establishments (CNETH)

Frédéric BAUDUER

Director of the Thermal Institute

Daniel LENOIR

Former Director General of the National Health Insurance Fund (CNAM)

Dominique BOURGOIS

Director of Health Protection and Autonomy of the Nouvelle-Aquitaine Regional Health Agency (ARS)

12:15 – 2:00 p.m.

Lunch

The 355, Sourceo Hotel

Afternoon : 2:00 p.m. – 5:00 p.m.

14:00 a.m. – 3:20 p.m. Round table no. 2

« *sport & hydrotherapy, winning duo* »

2:00 p.m. – 2:40 p.m.

Stéphanie BARNEIX

Coastal Rescue Champion, National, European and World
Paddle Board crossings of the Atlantic, Cape Horn and the Pacific

Philippe RICHET

Extreme marathon runner (Fools' Diagonal, Sand Marathon, Ultra-Trail)
3rd in the World Marathon Challenge (7 days, 7 marathons, 7 continents)

Nicolas VERGONZEANNE

8 times French Landes Race Champion

Jérôme DARET

International Rugby Coach

Claude BERGEAUD

International Basketball Coach

French National Olympic and Sports Committee (CNOSF)

French Football Federation (FFF)

Surprise guests

According to diaries

2:40 p.m. – 3:20 p.m.

Charles COWAN

Physical Medicine and Rehabilitation (Dax Hospital Center)

Philippe BORDES

Physical Medicine and Rehabilitation (Napoleon Clinic in Saint-Paul-les-Dax)

Claude LABANERE

Sports Doctor (Sports Clinic in Mérignac)

Christophe DAMIEN

US Dax Rugby Physical Trainer

3:20 p.m. – 3:40 p.m.

Break



3:40 p.m. – 5:00 p.m. Round table no. 3

**« *thermal medicine :
health & prevention actor* »**

3:40 p.m. – 4:20 p.m.

Patrick SICHERE

Rheumatologist (Pain Medicine and Palliative Medicine - Lariboisière Hospital, Paris)

Karine DUBOURG

Thermal Institute

Alexandra LE MOUËL

Hope Team East. Health prevention actions : sport, health, well-being challenges

Julien BOURRELIÉ

Cap Optimist. Support for children and adults with chronic illness and cancer

Marie-Laure LAFARGUE

Regional Councilor of Nouvelle-Aquitaine in charge of Prevention

4:20 p.m. – 5:00 p.m.

Michel DUPRAT

Doctor, President of the National Union of Thermal Doctors

Maxime CAFFRAY

Physiotherapist, Director of the Masso-Physiotherapy Training Institute (IFMK)

Thierry MANDIN

Director of the Aquitaine Sport For All Association

Thomas VANDEBROUCK

Regional Education and Health Promotion Bodies (IREPS)

Laurent BOSQUET

Chair of Sport, Health, Well-being, University of Poitiers

National Association of Sports Elected Officials (ANDES)

Sport, Health without Prescription

Landes Regional Health Agency (ARS)

5:30 p.m.

Visit to the Sourceo thermal baths